

Welcome to Our Awards Winning Day Spa



Blu Water

day spa. nails. boutique

Just breathe...



White Flint Plaza

❁ 5234 Nicholson Lane, Kensington, MD 20895 ❁

BluWaterdayspa.com | (301) 984-6245

About Us

Our Mission

At Blu Water, we are committed to creating an environment dedicated to the well-being and safety of each and every guest. With technical proficiency, our professional staff embraces an extensive knowledge of rejuvenation and relaxation. We are motivated by creativity and the desire to connect with the guests we serve, the community in which we live, and the world we share with the universe.

Our Philosophy

We are committed to:

- Honoring our guests' moments to relax
- Using the highest quality products
- Employing the most proficient and dedicated staff
- Creating a clean, beautifully appointed, luxurious and relaxing environment

Our Sanitation Policy

Our sanitation policy is to sterilize all of our metal instruments in the same kind of high temperature autoclave that is used in hospitals and dentist's offices. Sterilization is the only means of killing bacteria [and bacterial spores], viruses and fungus –hence “triple sterilization.” With a stamp of approval by Occupational Safety and Health Administration [OSHA] for our commitment to client/staff protection and safety, we will continue to maintain our level of superiority and cleanliness in the science of sanitation and the compliance with OSHA standards.

Hours of Operation

Monday – Friday 9am – 7pm

Saturday 9am – 6pm

Note: Hours subject to change without notice.

Our Partners

Glam2Love

Arches of Love 501[c][3]

A Message from Our CEO

Dear Guests,

Building a spa has been my dream since I arrived on American soil from Vietnam at the age of 16. I have always been an entrepreneur and my ability to realize my dream of opening a full-service spa and salon has come with much hard work and dedication. My dream, now my reality, was in the opening of Blu Water Day Spa & Salon in 2008 – a hidden heaven that provides ambiance and service that is a cultural blend of Asian/ Indian influence.

We are all “caretakers” by nature in one way or another and often forget the most important person to care for – ourselves. We must always keep in mind that giving time to ourselves for our own wellness, is not selfish. “Self- care” is tremendously important because it makes taking care of others so much easier and fulfilling. My vision is to provide a sanctuary for every guest in a peaceful environment that will allow them to fall into the most profound relaxation and to re-energize their spirit.

Namaste,



Julie Nguyen

Our Partners

Glam2Love

Glam2Love's mission is to provide professional and innovative tools allowing customers to enjoy the salon and spa experience at home. Skillfully designed and meticulously crafted cosmetic tools create an easy and dependable way to enhance natural beauty. Glam2Love was built on a "pay it forward" platform in which philanthropic practices are our passion.

"Share the Glam" Project

Glam2Love beauty accessories has partnered with Arches of Love in this amazing project. For the purchase of every pair of Glam2Love eyebrow wigs, a new pair will be given to a person in need. If you wish to support this project and "Share the Glam" please contact info@archesoflove.gov

Arches of Love Foundation

The mission of Arches of Love is to provide innovative solutions to those suffering from various hair-loss related health challenges. Our goal is to make a difference in the lives of men and women and empower them to look and feel better while instilling a sense of community.

Arches of Love works with civic groups, foundations, medical professionals and volunteers to create an organization dedicated to assisting individuals in restoring their self-confidence. Since its inception 2010, Arches of Love has increased awareness through education and has provided nurturing services for those in need.

Awards

Philanthropist Spa- Day Spa Association
Most Distinguished Day Spa - Day Spa Associations
Best New Spa in Maryland- Washingtonian Magazine
Best of DC - Washington City Paper
Best Spa -Washingtonian Magazine
Best Spa- Montgomery Magazine
Top Honor Rising Star Award - Day Spa Magazine
Top 10 Favorite Day Spa Readers' Choice Award – Spafinder
Top Vote Getter-Bethesda Magazine
Salon of the Year- Salon Today Magazine
Washington Post Feature Story

Brow Waxing/Hair Removal

We have a multi-tiered pricing structure based on the licensed technicians' education and experience level as well as the length of employment. Note: Prices are subject to change without prior notice.

Eyebrow	Prices	
	General	Julie
Brow Design Waxing	\$40	\$50
Brow Design Tweezing	\$45	\$55
Brow and Lip	\$50	\$60
Brow, Lips and Chin	\$60	\$70
Brow Tinting With Shaping	\$60	\$70
Full Face	\$85	\$90
Brow Tint ONLY	\$30	

Face	Prices
Lip	\$15
Chin	\$25
Sideburn	\$25
Nose Hair	\$20
Ear	\$25

Upper Body	Prices
Chest [Men]	\$60
Abdomen	\$40
Full Back	\$90
Half Back	\$50
Full Arm	\$65
Half Arm	\$45
Underarms	\$35
Fingers/Toes	\$25

Lower Body	Prices
Bikini	\$50
Extended Bikini	\$60
Brazilian	\$90
Upper Leg	\$60
Upper Leg + Bikini	\$110
Lower Leg	\$55
Lower Leg + Bikini	\$95
Full Leg	\$105
Full Leg + Bikini	\$140
Full Leg + Brazilian	\$175

*For the health and safety of our guests, Blu Water uses Nufree Antimicrobial Wax and enforces the strict no double-dip policy.

**Please disclose to your technician if you are taking any medications that will contraindicate your service.

Spa Skincare

Blu Water Signature Facial Ritual

Begin a journey to relaxation. Includes a full body experience with hand and feet collagen treatment. Using our finest selection of skin care products, this facial is customized to treat any skin concerns and is suitable for all skin types. Total rejuvenating experience.

[60 minutes] \$200

Blu Water Customized Facial

This facial is designed to directly address the individual concerns of the client, perform a customized skin analysis to resolve specific problems and to personally create a regimen catered to your skin to be used during your facial.

[60 minutes] \$165

GM Collin HydroLift Facial

This lifting treatment will visibly restore skin to a youthful look by eliminating the dead skin cells to instantly clarify skin and allow increased absorption of the products. This treatment improves the visible toning of the face and neck and improves hydration for an age-defying radiance.

[60 minutes] \$170

GM Collin Acne/Deep Cleansing Facial

Treatment begins with a thorough cleansing of the skin followed by a chemical peel to eliminate dead skin cells. An oxygen mask is applied, alleviating visible signs of stress and fatigue. Your skin will be radiant, moisture-balanced with a restored, youthful glow. Includes extractions.

[60 minutes] \$180

Gentlemen's Facial

Specially customized for men, this facial is designed to help cleanse and remove build up from shaving and revives the skin from sun and environmental exposure.

[60 minutes] \$140

Teen Facial [Ages 13 to 16]

This facial service is designed for teenagers. Our skincare experts will cleanse exfoliate and moisturize the skin while consulting with the client on how to properly take care of their skin at home.

[45 minutes] \$95

Express Facial

Personalized mini-revival facial includes a cleansing and exfoliation, mask and moisturizer. It's a perfect quick treat.

[30 minutes] \$80

Purifying Back Treatment

Ideal in cleansing those tough-to-reach spots, targeting a variety of skin care needs such as clogged pores, back acne, and dehydrated skin. This treatment begins with a gentle steaming to open pores and lift impurities, followed by a deep cleansing and exfoliation. Finish with a refreshing moisturizing massage.

[45 minutes] \$130

Customized Body Polish

This revitalizing, full body exfoliation dissolves dead skin cells, stimulates lymph flow and prepares your skin for ultimate hydration. After gently exfoliating your skin, warm towels are used to remove the scrub, followed by an aromatic shower, and a light massage with body cream to hydrate your skin.

[60 minutes] \$160

Clinical Skincare

Hydra Facial

Blu Water PLATINUM HydraFacial

The detoxification process begins with Lymphatic Drainage, then deeply exfoliates, extracts and hydrates the skin while incorporating a Booster to target your specific skin concerns. This treatment concludes with LED Light Therapy.

[75 Minutes] \$325

Blu Water DELUXE HydraFacial

This invigorating treatment includes deeply cleansing, exfoliating, and extracting impurities from the skin while simultaneously infusing ingredients to hydrate the skin. The Deluxe HydraFacial also includes a personalized Booster & LED Light Therapy.

[60 Minutes] \$250

[Perks add on]

HydraFacial Eyes \$35

HydraFacial Lips \$35

Eyes & Lips combo \$60

ZO Invisapeel Facial

This facial provides gentle skin surface renewal with invisible exfoliation. Improves hydration, soothes and calms the skin.

[60 minutes] \$180

ZO Stimulator Peel

This double exfoliating peel will get you the super glow that you've been wanting while minimizing fine lines and wrinkles, reducing surface pigment, preventing inflammation, and soothing the skin.

[60 minutes] \$190

ZO 3 Step Peel

A medical Grade peel perfect for acne, melasma, sun damage, fine lines, texture roughness, large pores, and dullness .

Downtime 5-7 days

[30 minutes] \$200

IS Clinical Fire and Ice Facial

This intensive clinical treatment is designed to safely resurface the skin, diminishing the appearance of fine lines and doing overall skin rejuvenation. Excellent for all skin types and ages, No downtime, peeling, or other negative side effects.

[60 minutes] \$190

MicroNeedling/Microchanneling

A skin-rejuvenating procedure in which tiny needles create punctures in the top layer of skin with the goal of improving overall texture and appearance.

[30 minutes] \$200

Microdermabrasion With Facial

Microdermabrasion works by manually abrading the skins most superficial layer causing faster cell production and cell renewal, further encouraging stimulation, improved cell nutrition, improved skin elasticity, and texture.

[60 minutes] \$200

Dermaplaning With Facial

A manual exfoliating treatment using a simple and safe blade in which the outermost layers of dead skin cells and excess vellus hair are removed, leaving the skin instantly smoother and more vibrant.

[60 minutes] \$220

[30 minutes] (treatment only) \$110

GM Collin Peel Facial

This treatment carefully and effectively promotes exfoliation of the skin's surface layers, removing dead skin cells. Improving the texture of the skin, reducing the visible signs of aging, diminishing the appearance of hyperpigmentation and or acne scars.

[30 minutes] \$90

[60 minutes] \$180

Make Up/Lashes

Make-Up Essentials

At Blu Water, we believe the most beautiful cosmetic you can wear is “your own healthy skin.” Our skin care makeup line, Jane Iredale, has been heralded as the finest mineral makeup available because it uses the highest quality ingredients available.

Make-Up Application

Flawless and fabulous makeup for any day, night or special event.

Approx. [30 minutes] starting at \$80

Bridal and Special Occasion Make-Up

Our professional make-up artist will consult with you through our makeup trial to pick out the perfect shade combination for your wedding or special event.

Trial [45-60 Minutes] starting at \$120

Day of Service [60 Minutes] starting at \$150

Lash Services

[Bi-weekly touch-ups strongly recommended]

Classic Lashes

Using a hypoallergenic glue, this is a technique in which one lash extension is attached to the root of each individual natural lash without compromising the eyelid.

New set starting at \$200

Touch up 2 weeks \$100

Touch up 3 weeks \$120

Touch up 4 weeks \$140

Volume Lashes

In this technique, a group of light lash extensions manually formed as a fan, are attached to the root of a single natural lash creating more volume and thickness. They can also be customized to meet the client’s desired look.

New set starting at \$250

Touch up 2 weeks \$120

Touch up 3 weeks \$140

Touch up 4 weeks \$160

Hybrid Lashes

This style is for those that want something fuller but aren’t ready for full volume. Your artist will add both classic lashes and volume fans. This set is completely customized to length and fullness you wish for.

New set starting at \$220

Touch up starting at \$110

Lash Lift and Tint

Enhance your natural lashes by giving them the curl and color they need to make them pop! Results lasts between six to eight weeks.

[75 minutes] \$125

[30 minutes] \$50 (tint only)

[30 minutes] \$85 (lift only)

Massage

Blu Water Signature Massage Ritual

This ritual massage begins with an aromatic footbath and includes the head and scalp. Fully customized, this massage is designed to bring a sense of balance, renewal and rejuvenation through a journey that connects the mind, body and spirit.

[90 minutes] \$200

Blu Water Hot Stone Massage

Experience the ultimate massage. The use of heated stones improves blood circulation spreading the body's natural healing power and opening the pores to help with detoxification. This is the only heat-treatment that offers deep relaxation and release of tension.

[45 minutes] \$120

[60 minutes] \$145

Swedish Massage

The Swedish massage is one of our most popular massage. A light to medium pressure treatment designed to energize the body by stimulating blood circulation. Some of the many benefits include full body relaxation, decrease muscle toxins and muscle tension.

[30 minutes] \$75

[45 minutes] \$95

[60 minutes] \$135

[90 minutes] \$165

Deep Tissue Massage

The focus of this treatment is to reach the deepest layers of muscle tissue and fascia. The deep pressure helps with chronic muscular pain, injury rehabilitation and reduces inflammation-related pain caused by arthritis and tendinitis.

[30 minutes] \$90

[45 minutes] \$125

[60 minutes] \$145

[90 minutes] \$185

Reflexology

Applying pressure to the feet and/or hands using specific thumb, finger and hand techniques with or without the use of oil or cream. It is based on the concept that each body part is represented on the bottom of the feet and the palm of the hands and that putting pressure on certain areas can have therapeutic effects on the body.

Feet - [30 minutes] \$80

Hot Herbal Thai Compress Massage

Eastern tradition infused with Western practice. Incorporating the benefits of relaxation to release muscle tension and herbal detoxification for the body, this massage improves and stimulates the lymphatic system and increases blood flow and circulation. This holistic technique involves using an herbal poultice for pressure point, energy meridian work and yoga-like stretching for an invigorating & balancing experience with the comfort of a heated massage table.

[90 minutes] \$195

Massage with Reiki Healing

Reiki, a Japanese healing art, is a hands-on energy work that uses symbols over different areas along the body to realign its energy. This technique is a harmonic flow that awakens innate healing abilities. It is ideal for emotionally, stressed and "un-centered" individuals.

[90 minutes] \$180

Sports Massage

Sports massage is suitable for athletes of every kind. It is designed to enhance athletic performance. This technique uses firm pressure to go deep into the muscle tissue releasing long-standing muscle tension.

[30 minutes] \$90

[45 minutes] \$125

[60 minutes] \$145

Pre-Natal/Pregnancy Massage

Performed by a trained prenatal specialist, this method of massage is both effective and safe. Specific techniques can reduce pregnancy discomforts and concerns and enhance the physiological and emotional well-being of both mother and fetus.

[60 minutes] \$145

[90 minutes] \$185

Stress Relief Massage Neck, Back & Shoulders

This express massage was created for the client on the go, a quick pick me up to release tension and stress from the neck, back and shoulder area by utilizing pressure points and maximum relaxation techniques.

[30 minutes] \$80

Nail Rituals/Treatments

Apothecary Spa Ritual

Blu Water has taken the traditional spa treatment to the next level and back in time with our innovative Apothecary Bar where a true customization of personal blends and essential oils can be selected to meet your specific needs. Create your personal "bliss" or pick one of our four featured blends.

- Detoxing
- Energizing
- Muscle Recharging
- Relaxation

This signature ritual starts with selecting your personal blends of herbs and essential oils to be used in an exfoliating masque treatment and massage oils. An aromatic, warm, neck and shoulder trigger point pillow will be provided when seated at station. The service then begins with an aromatic foot or hand soak, followed by a classic manicure or pedicure, mask treatment and massage.

Hands - [45 minutes] \$50

Feet - [75 minutes] \$85

Hot Stone Ritual for Hands/Feet

Experience the most wonderful stress relieving hand or foot treatment. Your journey begins with a classic manicure or classic pedicure followed by a gentle exfoliation and a hot stone shell massage designed to relax and restore a sense of balance to the hands and feet.

Hands - [45 minutes] \$50

Feet - [75 minutes] \$85

Organic Hand Spun Sugar Scrub

An invigorating exfoliating treatment for the hands and feet. Sugar helps the skin retain its moisture and ensures the skin is hydrated. Sugar is also known to be a pure and natural source of Glycolic acid which helps break down dead skin cells while natural oils help nourish and polishing your skin to a healthy glow.

Hands - [45 minutes] \$40

Feet - [60 minutes] \$65

The Royal Pedicure

Experience the ultimate indulgence combining the most recent techniques and natural products leaving you detoxified, hydrated and deeply relaxed. After check in, a spa concierge will escort you to our changing area for a fluffy robe, comfy slippers, and a locker to store your belongings. Once you are seated, we will serve you with your choice of wine, tea or champagne, a warm neck pillow and blanket. The service then begins with a milk foot soak to begin the softening process, followed by a classic pedicure with extensive callus treatment to soften the soles of your feet. We then move on to our exfoliating treatment that will remove all dead skin and bring a shine to your feet. To help relax any tired or over used muscles we perform a hot stone massage in combination with Reflexology and Combat Balm. We end this experience with your choice of polish.

Feet - [90 minutes] \$100

Collagen Enhanced Hand or Feet Treatment

Turn back the "hands of time" with this intensive treatment beginning with a classic manicure or pedicure followed by a gentle exfoliation and a therapeutic massage with the collagen ampoule which leaves the skin hydrated, nourished and firm. Warming mitts are also used to intensify the results.

Hands - [45 minutes] \$45

Feet - [75 minutes] \$75

Nail Services/Enhancements

Classic Manicure/Pedicure

Manicure - \$30

Pedicure - \$50

Express Pedicure

[Does not include massage]

\$45

Polish Change

Hands - \$20

Feet - \$30

Nail Treatment for Men

Hands - \$30

Feet - \$50

Youth [10 and Under]

Manicure - \$20

Pedicure - \$35

Classic Acrylic

Full Set - \$70

Fill - \$45

add Gel Polish - \$25

Acrylic Forever French

Full Set - \$70

Fill - \$55

Collagen Treatment

Hands - \$25

Feet - \$40

Combo - \$60

Paraffin Treatment

Hands - \$20

Feet - \$25

Combo - \$40

SNS Powder Gel

\$65

with tips - \$70

with French - \$70

Ombre French - \$75

Gel Forever French

Full Set - \$70

Fill - \$55

Gel Nails

Full Set - \$70

Fill - \$45

add Gel Polish - \$25

Gel Manicure

\$50 without soak off

\$55 with soak off

Gel Polish Only

\$25

Gel Polish Change

\$40

Gel/SNS Removal

with Manicure - \$40

without Manicure - \$20

Acrylic/French Removal

with Manicure - \$40

Minx Design

Toes - \$60

with pedicure - \$85

Add Organic Sugar Scrub - \$15

Nail Repair [each] - \$10

Nail Art [each] - starting at \$8

Julie Nguyen

Permanent Make Up Clinic

Credentials

- Two-time International Award Winner for “Best Brow” Competition
- AM International Examiner & Certified Micropigmentation Instructor
- AAM Advanced Certification Expert
- Artist since 1993
- Member of the American Academy of Micropigmentation
- American Cancer Society; Volunteer since 2004
- Continuing Education by participating in National & International workshops annually
- Phi Brow Certified Artist

Consultation - \$30

This 15-minute consultation will be applied towards any Permanent Make-Up Service. It includes answers to any questions regarding the procedure, technique, color, pain, healing, after care, etc.

Eyebrows

Permanent Brow Artistry allows the technician to create a fuller more defined brow. Julie Nguyen an Award-Winning Brow Artist with over 30 years of experience uses a specialized hair stroke technique for a realistic natural brow

- Ombre/Powder with Julie \$1000
- Ombre/Powder refresh after 3 months starting at \$500
- Microblading with Julie \$800
- Microblading refresh after 3 months starting at \$350
- Eyebrows with another artist starting at \$600
- Refresh after 3 months \$250
- Color perfecting within 3 months starting at \$50

*Clients that have had Permanent Makeup performed by another technician will be charged the full price regardless of the procedure.



Permanent Make Up

Eyeliner

Permanent eyeliner is a specialized service that defines the color and shape of the eye. The artist can customize the eyeliner based on the clients' desired look, color and style.

Creating a soft line will allow for subtle enhancement of the eye area, where a thicker, bolder line allows the eyes to stand out and have a more dramatic effect.

- Lower Eyeliner: \$350
- Upper Eyeliner: starting at \$400
- Upper/Lower Combo: starting at \$700
- Eyeliner Refresh* [upper]: \$350
- Eyeliner Refresh* [lower]: \$250
- Eyeliner Refresh * [upper & lower]: starting at \$500
- Color perfecting within 3 months: \$100

*Clients that have had Permanent Makeup performed by another technician will be charged the full price regardless of the procedure.

Lips

Your artist is able to customize the liner based on the clients' desired look, coloring and style. Creating a soft line will allow for subtle enhancement of the area, where a thicker, bolder line allows the lips to stand out and have a more dramatic effect.

- Full Lip: \$800
- Lip Liner: \$500
- Color Perfecting touch up within 3 months: \$100
- Refresh Full Lip: \$500
- Refresh Liner: \$250

*Clients that have had Permanent Makeup performed by another technician will be charged the full price regardless of the procedure.



Packages

Blu Water Escape [4 Hours] \$450

Blu Water Signature Massage [90 min], Blu Water Signature Facial [60 min],
Apothecary Manicure [45 min], Apothecary Pedicure [75 min]

Journey to Serenity [2 Hours 30 min] \$195

Deep Tissue Massage [60 min], Regular Manicure [30 min],
Regular Pedicure [60 min]

Mother's Day of Beauty [3 Hours 30 min] \$320

Swedish Massage [60 min], Customized Facial [60 min],
Regular Manicure [30 min], Regular Pedicure [60 min]

Day of Beauty [3 Hours 30 min] \$365

Swedish Massage [60 min], Blu Water Signature Facial [60 min],
Regular Manicure [30 min], Regular Pedicure [60 min]

Bridal Bouquet [3 Hours 30 min] \$330

Swedish Massage [60 min], Customized Facial [60 min],
French Manicure [30 min], French Pedicure [60 min]

Teen Care for Ages 13-16 [2 Hours 25 min] \$155

Teen Facial [45 min], Regular Manicure [30 min],
Regular Pedicure [60 min]

Father's Daydream [2 Hours 30 min] \$195

Deep Tissue Massage [60 min], Gentleman's Pedicure [60 min],
Gentleman's Manicure [30 min]

General Information

Our Products

Skinceuticals, ZO SkinHealth, GM Collin, Is Clinical, Eminence Organic, Jane Iredale, Revision, NeuLash, Revital Lash, Nufree , OPI, Voluspa and many more.

Reservations: We highly recommend booking your treatment in advance to ensure that your preferred time and service provider is available. To make your reservation you may either book online or call [301] 984-6245 to speak to our spa concierge. Please note – a valid credit card number will be required at the time of booking to support our cancellation policy.

Online Booking: It is convenient, secure, and easy! Visit us at www.BluWaterdayspa.com to schedule your appointment.

Standing Appointments/Pre-booking: We highly recommend setting up standing appointments and/or pre-booking your next appointment to maintain your services at your most convenient times.

Cancellation Policy: We require a 24-hour advance notification if you are unable to make your scheduled appointment. If less notice is given and we cannot fill the time slot, you will be charged the full cost of the service.

Price Variation: At Blu Water we have a multi-tiered pricing structure based on the licensed technicians' education and experience level. Prices are subject to change without prior notice.

Privacy Policy: Blu Water Day Spa & Salon requires some personal information in order for you to reserve an appointment or purchase a product. This information will not be disclosed to third parties. Unfortunately, no data transmission over the Internet can be considered 100% secure. However, Blu Water uses industry-standard SSL-encryption to protect data transmissions. If you do not consent the collection or use of your personal information, you will not be able to get a reservation.

Return Policy: Unopened products may be returned within 14 days with the proof of purchase for **RETAIL credit only**.

Cell Phone Etiquette: In order to preserve a relaxing atmosphere, we request that you turn your cell phone to vibrate or off... Cell phone use is only permitted in the retail area.

Arrival: For first time guests, arrive 15 minutes early to complete your guest profile prior to your service. Please understand late arrival may not receive an extension of treatment time. Late arrival may result in a necessity to reschedule your appointment.

Gift Cards/Certificates: Share the gift of "well-being" with our Blu Water Day Spa Gift Card. Redeemable for service or retail [gratuity not included]. Gift Cards can be purchased online, on-site or by phone order. Gift cards or gift certificates are NON-REFUNDABLE. Unfortunately, we cannot replace or refund a stolen or lost gift card.

Gratuity: Unfortunately, gratuity cannot be placed on a credit card. However, our staff can accept a personal check, cash, or venmo gratuity. For your convenience, a gratuity envelope is available at the front desk and an ATM is located on-premises.

For Your Health and Safety: We request you disclose any medical condition, product usage or medication as there may be a contraindication to some services.

Pets in Facility: For the health and safety of all guest, no pets are allowed in the facility unless they are registered as service animals with Montgomery County.

Methods of Payment: We accept all major credit cards. We have an ATM on site for convenience. Cash is always accepted.

Mandatory returned check fee – **\$35.00

